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CADETS OF HIGHER MILITARY EDUCATIONAL INSTITUTIONS**

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## CHARACTERISTICS OF MORAL AND SPIRITUAL PREPARATION OF CADETS OF HIGHER MILITARY EDUCATIONAL INSTITUTIONS

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**Abstract:** In this article, in the process of theoretical and practical training in the organization of moral-spiritual training of future officers in their professional activities, correct mental and physical actions in real and tense situations related to non-standard decision-making, quick adaptation and independent action in complex situations, personnel management, Aspects of using professional-psychological training for future officers depending on their specialty in raising the fighting spirit, leading them, and organizing psychological training are highlighted.

**Key words:** moral-spiritual, stressful, psychological training, military-professional, informational-psychological, mental-emotional, simulation games, imitators, physical stress, emotional-will.

### INTRODUCTION

As the Republic of Uzbekistan gains independence, occupies a worthy place among the developed countries of the world, and advances with bold steps, the importance of the factors that ensure this independence and its bright prospects will undoubtedly increase [1].

Therefore, training of highly professional, devoted and courageous military personnel in our country is one of the most important conditions for protecting the independence and territorial integrity of the Republic of Uzbekistan.

In recent years, extensive work has been carried out on the consistent reform and development of the national army, the strengthening of the defense capabilities of our country, and the training of military personnel.

Today, organization of moral and spiritual training of cadets of the higher military educational institution is carried out by leaders, commanders, staffs of all levels, educational and ideological affairs, professors and teachers of the educational institution, as well as medical staff on the basis of scientifically based methods and techniques. The main goal of conducting moral and spiritual training with them is to form and develop high moral and spiritual qualities necessary for military servicemen to successfully fulfill their service obligations based on the characteristics of professional and daily training [4].

The factors that ensure the effectiveness of future officers' activities, as well as the study and analysis of psychological aspects and specific features of this activity, thereby developing and implementing psychological mechanisms for improving this activity, as well as psychologically preparing them, is the demand of the time.

### **THE MAIN PART**

As a matter of fact, moral and spiritual training is the most important component of professional training, because its implementation at the necessary level guarantees the successful execution of professional orders even in life-threatening situations, the loyalty of officers to the President and his people, and the ability to control their minds in volatile and stressful situations.

The psychological preparation of future officers is reflected in how they perform their duties. The cadet's lack of professional psychological training is evident in his professional skills and further service activities. Lack of professional and psychological training at the necessary level is one of the important causes of

human negligence, which leads to stonewalling, formalism, abuse of power, violation of legality and violations of serious official duties[3].

Based on this, the reforms carried out in the system of the Ministry of Defense today include the psychological preparation of officers to overcome the difficulties encountered in their professional activities during the training, retraining and upgrading of their qualifications.

The goal of psychological training of future officers is to make them make the right decisions in any difficult conditions of service, to form the skills of professionally correct, clear, high efficiency movement [8].

The main tasks of psychological training are:

study and evaluation of individual-psychological characteristics of military personnel, socio-psychological processes and events in military communities, predicting their development;

distribution of servicemen to units taking into account their military-professional training and psychological suitability;

development and organization of recommendations on the mental preparation of military personnel and military teams for action in specific tactical (combat, extreme), information-psychological and other situational conditions;

providing guidance and training to military personnel on the methods and methods of providing psychological support and assistance;

carrying out psychological consultation and psychocorrection activities with military personnel on the formation and maintenance of high psychological (emotional-will) stability and psychological control;

prevention of strong mental and emotional stress in the course of military-professional activity;

Psychological training dramatically increases the military skills of an officer.

Scientific research and existing positive experience show the need to introduce special tasks, forms and methods of purposeful improvement of psychological training into the professional education system.

Today, moral and spiritual training is an important component of the training of any military serviceman. After all, "The quality of personal content is determined by the level of his professional skills, moral and spiritual level, physical fitness and discipline" [5].

Also, the development of mental and physical correct behavior in non-standard situations and real and tense situations related to decision-making, and the development of decisive decision-making aspects will contribute to the formation of professional skills and practical work skills for future positions.

In recent years, based on the reforms implemented in the system of the Ministry of Defense, the introduction of innovative technologies and the new requirements based on them, the activities of military educational institutions are fundamentally improved [3].

It should be noted that as another characteristic of the moral and spiritual training of future officers, it is connected with the effective use of the latest advances in information technology in the system. In modern computer rooms, through simulation games, various roles and programs, military personnel are gaining emergency control and management skills[7].

Also, to increase the combat readiness and mental preparedness of the personnel and to support each other in difficult situations, to increase the ability to manage, to make independent and at the same time quick decisions, to further increase their practical knowledge and skills when conducting combat training exercises with the personnel opportunity is created.

The organization of moral and spiritual training based on the experiences of our great ancestors Amir Temur, Jalaluddin Manguberdi, Zahiruddin Muhammad Babur, who have high moral and spiritual qualities, is the main factor in forming the professional spirit of military personnel.

Moral and spiritual training of future officers is carried out in the form of educational and ideological work, professional training, special training, special tactical training, and sports competitions.

Also, moral and spiritual training is conducted in theoretical and practical ways. It is carried out through the analysis of sources based on scientific knowledge of the theoretical field, consultation, presentation of examples of practical experiences, roundtable discussions, meetings, gatherings, etc.

Practical simulators, simulators, field training exercises, computer games, exercises to overcome a specially equipped corridor, fire-attack obstacle course, reconnaissance corridor, special sports competitions and exercises, memory, attention, intelligence, mental acuity, perception and mental exercises that develop such qualities, socio-psychological exercises, role-playing games, accident situations, various mental injury factors brought to the professional situation are carried out by constant exposure to the serviceman.

Future officers perform their professional duties in extreme situations, if necessary in their professional activities.

Military service and the risks involved create a state of mental tension that can range from mild exposure to paralyzing fear, depending on individual characteristics. In a professional environment, every soldier faces two tasks: survival and successful completion of the mission. Therefore, the fulfillment of the professional task is the only way to survive[9].

However, not all military personnel can react in the same way to situations that occur in non-standard situations. Therefore, it is necessary to increase the effectiveness of activities aimed at increasing the level of psychological training of military personnel.

Here are the methods that develop psychological preparation that allows effective performance of official duties and help to reach its required level. Recently, in the organization of psychological training, the use of professional-psychological training for future officers, depending on their specialty, is gaining more and more importance. Vocational-psychological training is a goal-oriented exercise system that allows effective development of the professional qualities of a military serviceman. This training also requires future specialists to acquire

appropriate psychological methods that increase the effectiveness of their professional activities.

Situations often arise when officers need to manage their situation in the course of their service. When the mental and physical stress is too great, on top of that, when the serviceman mismanages his behavior, irritability occurs. This reduces the efficiency of the activity and can lead to its incorrect organization, serious mistakes and deficiencies in the work. Repetition of such situations often leads to loss of self-confidence and nervous depression.

That is why military servicemen's acquisition of ways and methods of emotional and volitional self-management is one of the most urgent tasks today. Relying on professional knowledge and practical experience in service activities, who can better prepare to fight in order to eliminate any dangerous situation, who can not only use his physical and mental capabilities wisely, but also can maintain his nervous and mental activity at an acceptable level, who can show his voluntary activity in extreme and complex situations. military personnel achieve more success.

Quality organization of moral and spiritual training is carried out on the basis of the following factors:

- conducting practical exercises in educational processes, bringing them closer to combat actions;

- perfecting physical and mental loads by moving from simplicity to complexity;

- harmony of theory and practice;

- use of modern science, techniques and technologies in preparation of personal content;

- monitoring the process of moral and spiritual preparation;

- officials do not allow formalities in their work;

- to strengthen the positive attitude of the serviceman towards himself: "I can do it", to increase the feeling of confidence;

harmonizing and activating emotional-affective processes (especially risk, fear, lack of time needed to perform professional actions);

increased concentration while preparing for the performance of official duties;

speeding up the transition to rest after hard work in the service;

maintaining a high level of functional readiness and work ability during a long period of service[10].

In turn, training military personnel many times

allows the automation of certain actions, the formation of skills and abilities.

Skill includes the methods and techniques of performing an action. It enables the military serviceman to acquire the acquired knowledge in a highly effective and high-quality way and to apply the knowledge in practice [4].

A military serviceman's control over his own mental state and actions improves during the repeated repetition of exercises in constantly complicated conditions.

## **CONCLUSION**

In conclusion, it can be said that the essence of the mental state of future officers leads to the elimination of factors that negatively affect the mental state of military personnel in non-standard situations and in the performance of combat tasks, as well as to the successful resolution of the combat tasks before them. The commander's knowledge of the morale of the military personnel under his command helps to manage more effectively in combat conditions and achieve positive results.

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